
Specifically designed for health care students and professionals, this book gives explicit advice to help readers prepare themselves for a career in the health services industry. The first part of the book introduces the reader to the world of health care and presents life-management and study skills necessary to be successful in this field. The second part focuses on job search skills and methods for achieving and maintaining a successful career.


With the advent of managed care and the rise of biomedicine, Hobson and Leonard argue that psychiatry has lost its way. According to them, traditional counseling and drug therapy exist in an uneasy tension that has had severe consequences for the psychiatric field. They recommend the integration of neuroscience with traditional therapeutic approaches to make psychiatry compatible with the latest knowledge on brain function.


Rather than focusing on illness, the essays in this collection examine how health can be maintained and enhanced. On the whole, the essays present health as a complex issue determined not only by individual behaviors and attributes, but also by political, social, and physical environments. Essays in the first part of the text examine innovation in the wellness field; essays in section two look at new approaches to wellness research. Section three includes essays making recommendations for practice, and essays in section four consider the role of political context in wellness promotion.


The stated purpose of this collection of essays is to provide a comprehensive reference resource for health care practitioners at all levels of training or clinical practice. To educate the clinician and to facilitate patient education, the authors address both general techniques and guidelines for providing effective patient education. In addition to 26 chapters divided into two parts, General Preventive Strategies and Clinical Conditions, the book includes an extensive Resources Appendix that covers the topic from each chapter.

Higher Education


Essays in this collection examine, from a variety of perspectives, the three issues featured in its title: affordability, access, and accountability in public higher education. Essays in the first section focus on affordability: looking at tuition hikes and increasing enrollments and how states finance public higher education. The second section addresses the topic of access, tracing the interaction between state and federal policies on access to public higher education, and examining affirmative action issues. Essays in the final section look at how some states have implemented accountability standards, examine the literature on assessment, and
review the links between accountability and student outcomes. The conclusion focuses on the role of technology in the future of public higher education.


Sexual aggression has become a chronic problem on college campuses, and this book suggests active steps to stop this violent trend. This collection of articles includes content on drug-facilitated rape; gay, lesbian, and transgender violence; club drugs; and the relationship between alcohol and sexual abuse. Special attention is paid to changing the sexual culture created by many fraternities, sororities, and athletic teams. Strategies for preventing sexual assault, managing anger, and facilitating group counseling with survivors are some of the suggestions made by the authors.


This collection of 26 essays focuses on pioneering approaches for more effective teaching and learning in higher education, with particular attention paid to interdisciplinary and collaborative efforts. These articles represent new ideas about educational goals, curricular organization, institutional governance, and faculty roles. The essays are divided into three sections: Historical Perspectives and Institutional Examples, Powerful Pedagogies—itsself broken down into