Success Strategies for KIN 216

- Attend every class.
- Read textbook before going to class.
- Need to start studying immediately – WAY too much information to wait until the last minute.
- Ask questions of instructor and TA’s.
- Use D2L, the instructor posts pictures on the slide presentation.
- Print the slides. It is better to study from the slides than your computer. (You are tempted to check Facebook, browse the internet when you study from the computer.) Also if you print your slides before class, you can use the slides to take notes during the lecture.
- Study the chapter objectives. They will help you with the short answer questions.
- Print out the outlines for tissues and write your own notes on them.
- Highly recommend filling out the empty pictures of the regions of the body.
- Find a “study buddy” and teach each other the chapters/materials.
- Make learning an active process. Repetition is important.
- Write down key words multiple times to remember things better – especially with spelling. (Tip: Use a white board to practice spelling of words – important for fill-in-the-blank section.)
- Understand your Latin and Greek root words.
- It is helpful to understand the “orientation and direction” of body parts – think in terms of origin, not left or right.
- Do the practice exams posted on D2L.
- Ask TA’s to quiz you before exams.
- Attend Review Sessions.
- Read multiple choice questions slowly, underline important words and cross out answers you know are wrong.
- During the exam, go back over and review to verify answers, spelling, etc.
- Once you receive your test score, immediately review right and wrong answers. Plan to set up an appointment with the instructor or TA to go over the exam.
- If available, keep previous tests for review of material. Can also be helpful for other classes (KIN217, PSL250).