Girls Get Going
Sports Clinic

February 6, 2018

Dear Potential Volunteers,

My name is Patrice Patrick-Banks and I am the Co-Founder of " Girls Get Going" a FREE ½ day sports program offered to girls 3rd-8th grade on Michigan State University campus.

Established in 2003, Girls Get Going encourages young girls to participate in sports and physical activities. We want to promote physical fitness as an integrate part of an overall healthy lifestyle. This year participants will participate in four 40-min sports sessions, where they learn the basic fundamentals of basketball, track and field, dance, and self-defense. Each participant will meet new friends, spend time with old friends, receive a free t-shirt, snacks, prizes, and much more.

This program would not be successful without the assistance of our dedicated volunteers. Help make this year's Girls Get Going a success for the 15th year in a row. We are looking for volunteers in a variety of roles.

If you:

- **want to be more involved with girls (8-13 years old)**
- **are looking to get into the action on a Saturday morning**
- **are a role model that is positive and enjoys physical activity**
- **can take responsibility for the girls' safety and overall enjoyment of the day**

Then the position for you is ... Group Leader

If you:

- **are organized and friendly**
- **can handle a lot of people in a short amount of time**
- **enjoy talking to parents and answering questions**

Then the position for you is ... Administration/Registration

If you:

- **have a background in athletics**
- **enjoy coaching youth specifically girls**
- **are a role model that is positive and enjoys physical activity**
- **can take responsibility for the girls' safety and overall enjoyment of the day**

Then the position for you is … Activity Coach

We can use everyone's help setting up in the morning and breaking down tables and chairs at the end.
***Let us know what position you are interested in, and we will try to put you in a role that you will enjoy.
Volunteer sign-up **DEADLINE Friday March 30, 2018 at Midnight*****

GO GREEN!!!!

Patrice Patrick-Banks
Co-Founder