

TRISHA EASLEY, PH.D., CRC, LLPC

Phone: (517) 974-6762

E-Mail: nylundtr@msu.edu

Lansing, MI 48912

EDUCATION

- Ph.D. Rehabilitation Counselor Education**, Michigan State University **2023**
Department of Counseling, Educational Psychology and Special Education
Rehabilitation Counselor Education
Dissertation: The Preliminary Feasibility Study of Parent Training: An Interpersonal Effectiveness Skills Training for Adolescents with Autism Spectrum Disorder
Advisor: Dr. Gloria Lee
- MA Rehabilitation Counseling**, Michigan State University, East Lansing, MI **2018**
Department of Counseling, Education Psychology and Special Education
Major in Rehabilitation Counseling
- BA Psychology**, Michigan State University, East Lansing, MI **2013**

RESEARCH INTEREST

Evidence-based practice, caregiving families and neurodevelopmental disabilities

PROFESSIONAL LICENSURE AND CERTIFICATIONS

- Limited License Professional Counselor, MI Licensing and Regulatory Affairs**
(License # 6401018401) **May 2020-Present**
- Certified Rehabilitation Counselor, Commission on Rehabilitation Counselor Certification**
(Certificate # 00387254) **Mar 2019-Present**

TEACHING EXPERIENCE

- Assistant Professor** **August 2023-Present**
CEP 944C: Clinical Practicum in Rehabilitation Counseling
CEP 891: Special Topics in Rehabilitation Counseling - Human Development
CEP 894: Rehabilitation Counseling Practicum
CEP 460: Communication Skills for the Helping Professions
Michigan State University, East Lansing, Michigan
Department of Counseling, Educational Psychology, and Special Education
Responsibilities Include:
Clinical Coordination

- Providing clinical coordination and comprehensive supervision for both master's and doctoral students during their practicum and internship experiences. Guiding and mentoring these students to ensure their professional growth and adeptness in real-world clinical settings.
- Establish relationships with clinical sites and agencies to secure placement opportunities for students.

Teaching and Curriculum Development

- Creating and executing curriculum independently to enhance students' comprehension of the physical, psychological, and socio-cultural impacts of disability and human development.
- Stay current with research and trends in the field of counseling to ensure course content is current and relevant.

Instructor

December 2015-August 2023

CEP 261: Substance Abuse

Michigan State University, East Lansing, Michigan

Department of Counseling, Educational Psychology, and Special Education

Responsibilities Include:

- Independently developing and implementing curriculum to advance student's understanding of the physical, psychological, and socio-cultural effects of psychoactive substance use and abuse.
- Collaborate with lead faculty advisor on methods to meet learning objectives while improving student and classroom accessibility.
- Evaluated and graded student coursework and developed methods for feedback and assessment of learning to help meet student needs and goals.

Instructor

August 2021-August 2023

CEP 460: Communication Skills for the Helping Professional

Michigan State University, East Lansing, Michigan

Department of Counseling, Educational Psychology, and Special Education

Responsibilities Include:

- Independently developing and implementing curriculum to advance student understanding and facilitate the basic proficiency in core communication skills necessary to build meaningful and effective helping relationships.
- Collaborate with lead faculty on methods to meet learning objectives while improving classroom and curriculum inclusivity.
- Evaluated and graded student coursework and developed methods for feedback and assessment of learning to help meet student needs and goals.

Co-Instructor

August 2021-December 2021

CEP 873: Employment Strategies for Individuals with Disabilities

Michigan State University, East Lansing, Michigan

Department of Counseling, Educational Psychology, and Special Education

Responsibilities Include:

- Collaborated with faculty supervisor on developing curriculum to develop student knowledge, skills, and resources necessary to satisfactorily understand and practice employment strategies with individuals with disabilities.
- Facilitated student acquisition of knowledge and skills related to counselor knowledge and development.
- Evaluated and graded student coursework and developed methods for feedback and assessment of learning to help meet student needs and goals.

Adjunct Faculty

August 2006-December 2017

Lansing Community College, Lansing, Michigan

Health and Human Services Division

Physical Fitness Program: PFFT100 - Total Fitness A, PFAZQ107 - Water Exercise, PFAQ106 - Water Walking & Toning, PFFT120 - Aerobic Exercise, PFFT122 - Step Aerobics, PFFT113 - Core Strength & Flexibility Training

Responsibilities Include:

- Independently developed and implemented curriculum to advance student understanding of human movement, fitness leadership and wellness promotion.
- Reported student learning outcomes, class reviews, and analyzed student data to improve student learning and instructional effectiveness.
- Collaborated with colleagues on course design to increase student success and goal achievement.
- Participated in professional development to enhance pedagogical approaches, student outcomes, diversity equity and inclusion, and knowledge of innovation and changes in the field.

Community Instructor

Water Fitness & Therapy

Aug 2007-May 2020

Haslett Public Schools Community Education, Haslett, Michigan

Responsibilities Include:

- Independently developed and implemented community engaged courses to advance community fitness and wellness.
- Advocated for increased community accessibility through meetings and community discussions. These efforts brought in more accessible equipment for the program.

CLINICAL EXPERIENCE

Clinical Supervisor

Jan 2022-Present

Michigan State University Rehabilitation Counselor Education, East Lansing, MI

- Provide weekly clinical supervision to rehabilitation counseling masters students.
- Integrate theories, ethics and multicultural competencies relevant to counseling.
- Evaluate counseling practices through case conceptualization and evidence-based counseling practices.

Career Counselor

May 2021-August 2021

Michigan State University Career Services Network, East Lansing, MI

- Provide individual and group counseling/job search coaching to students and alumni.

- Assist students and alumni in job preparation through resume and cover letter review, mock interviews, and job search strategies.
- Increase student self-awareness by administering and interpreting career assessments such as the Strong Interest Inventory, Myers-Briggs Type Indicator and Choices 360.

Couple and Family Therapist

May 2017-Aug 2018

Michigan State University Couple and Family Therapy Clinic, East Lansing, MI

- Conducted psychotherapy therapy with families, couples, individuals, children & teens.
- Developed treatment plans for a wide range of mental, emotional, health, behavioral and relationship issues and dynamics.
- Completed daily progress notes, maintained case records and intake information through Titanium Schedule software.

RESEARCH EXPERIENCE

Research Team Member

2018-Present

Michigan State University, Department of Counseling, Education Psychology, and Special Education

LIFE (Lifting Individuals and Families through Empowerment)

Principle Investigator: Gloria Lee, Ph.D.

Responsibilities: Collaborate to assist in research development and give feedback to overall progress.

Research Developer

2020-2021

Michigan State University, Department of Counseling, Education Psychology, and Special Education.

Project Title: Interaction Styles and Psychosocial Outcomes of Family Caregivers of Adolescent and Young Adults with Neurodevelopmental Disorder.

Principle Investigator: Gloria Lee, Ph.D.

Responsibilities: Developed study, submitted to IRB, collected and analyzed data.

Research Team Member

2018-2021

Michigan State University, Department of Human Development & Family Studies.

Project Title: How to Talk About Sex: Questions of Adults with IDD (Intellectual and Developmental Disabilities) About Sexuality.

Principal Investigator: Rebecca Kammes, M.A., Doctoral Candidate

Responsibilities: Collected data; analyzed and coded data using a qualitative thematic analysis method.

Research Team Member

2018-2021

Michigan State University, Department of Counseling, Education Psychology, and Special Education.

Project Title: Feasibility and Efficacy Study of Spartan Transitioning Together-A Family Psychoeducation Program for Families of Transition-age Individuals with Autism Spectrum Disorder and Other Neurodevelopment Disorders.

Principal Investigator: Gloria Lee, Ph.D.

Responsibilities: Developed intervention modules, tip sheets, and collected resources.

Research Team Member

2017-2017

Michigan State University, Department of Human Development & Family Studies

Project Title: Establishing Safety during De-escalation: A study of a key Emotional Focused Couples Therapy Process.

Principal Investigator: Adrian Blow, Ph.D.

Responsibilities: Coded and conducted an observational case analysis of one heterosexual couple who participated in an Emotional Focused Therapy randomized control trial.

Research Assistant

2014-2015

Michigan State University, Department of Psychology

Project Title: Twin Study of Mood, Behavior, and Hormones During Puberty

Principal Investigator: Kelly Klump, Ph.D.

Responsibilities: Conducted assessments with community-based samples of twin participants; prepared assessment materials for all scheduled intake assessments; completed data entry using SPSS, Microsoft Word, Excel and Medialab.

Research Assistant

2014-2015

Michigan State University, Department of Psychology

Project Title: Animal Study of Gonadal Hormones

Co. Principal Investigator: Kelly Klump, Ph.D.: CO. Principal Investigator: Cheryl Sisk, Ph.D.

Responsibilities: Ran feeding test, collected, and recorded data and assisted with perfusions.

PUBLICATIONS & SCHOLARLY WORK

In preparation

Easley, T. L. & Lee, G.K. Family communication and psychosocial outcomes of family caregivers of individuals with Neurodevelopmental disorders

Peer-reviewed publications

Lee, G. K., Lee, E. J., Rispoli, K., & **Easley, T.** (2023). Psychosocial adjustment of family caregivers of individuals with chronic illness and disabilities across the lifespan. In I. Marini, M. Bishop, & A. Flemming (Eds), *The Psychological and Social Impact of illness and Disability* (8th). Springer Publishing Company.

Kammes, B, R., Black, R., and **Easley, T.L.**, (2021). A community-engaged project discovering the sexuality questions of adults with intellectual and developmental disabilities. *Inclusion* 9(1), 2-16

Welch, T. E., Lachmar, M. S., Leija, G., **Easley, T. L.**, Blow, A. J., & Wittenborn, A, K. (2019). Establishing safety in de-escalation in emotionally focused couple therapy: A single-case process study. *Journal of Marital and Family Therapy* 45(4), 621-634

CONFERENCE PRESENTATION AND POSTER PRESENTATION

Easley, T.L. & Lee, G.K. (2022, April). Family Communication and Psychosocial Outcomes of Family Caregivers of Individuals with Neurodevelopmental Disorders. National Council on Rehabilitation Education. (Seminar Presentation)

Kammes, B, R. & **Easley, T.L.** (2020, February). How to talk about sex: questions of adults with IDD about sexuality. *American Association on Intellectual and Developmental Disabilities (AAIDD)*. (Web Roundtable Presentation)

Kammes, B, R., **Easley, T.L.**, Black, R., (2019, January). How to talk about sex: questions of adults with IDD about sexuality. *Division on Autism & Developmental Disabilities (DADD) Conference*. Lahani, Maui, HI. (Poster Presentation)

Kammes, B, R., **Easley, T.L.**, Black, R., (2018, November). How to talk about sex: questions of adults with IDD about sexuality. *TASH Conference*. Portland, OR. (50-minutes breakout session)

GRANTS AND AWARDS

Michigan State University **Jan 2023**
Dissertation Completion Fellowship
Awarded \$7,000

Michigan State University **Sep 2022**
Robert Craig Fellowship in Psychological Studies in Education
Awarded \$3,000

Michigan State University **May 2020**
The College of Education Summer Research Development Fellowship
Awarded \$5,000

LEADERSHIP EXPERIENCE

Teaching Assistant Coordinator **Sep 2021-December 2022**
Michigan State University, East Lansing, MI

- Supervise and provide clerical and operation support for graduate teaching assistants.
- Organize and facilitate meetings and communications to discuss pedagogical tools, student issues, classroom and student accessibility and university policies.

Program Graduate Assistant **Sep 2020-May 2022**
Michigan State University, East Lansing, MI

- Collaborated with faculty and staff on program projects, activities and recruitment.
- Writer and editor of the Spartan Rehabilitation Newsletter – a newsletter from the Office of Rehabilitation and Disability Studies designed to build bridges between practitioners, researchers, & educators.

Lab Manager

Aug 2014-Aug 2015

Michigan State University, East Lansing, MI

- Train and supervise research assistants to help them develop and gain knowledge on preparing and conducting community-based assessments and completing data entry with SPSS, Microsoft Word, Excel, and Medialab.
- Run and facilitate weekly lab meetings to discuss the lab’s strengths, challenges, and goals.
- Recognize and honor research assistants and lab accomplishments to foster team camaraderie, motivation, and growth, while resolving group conflict, struggles or disagreements.

COMMUNITY ENGAGEMENT AND SERVICE EXPERIENCE

Grant Writer & Event Coordinator

Jan 2005-Present

Help a Willing Kid Foundation, Lansing, MI.

Vice President

Jan 2006-Present

Help a Willing Kid Foundation, Lansing, MI

Founder and President

Jan 2011-Present

LiveFit Foundation, Lansing, MI

Treasurer

Aug 2018-Dec 2018

Spartan Rehabilitation Association, Michigan State University, East Lansing, MI

President

Aug 2017-Jul 2018

Spartan Rehabilitation Association, Michigan State University, East Lansing, MI

Secretary

Jan 2010-Jan 2017

Michigan Association of USA Boxing, Lansing, MI

Site Trainer

Aug 2017-Oct 2017

Spartan Project Search, East Lansing, MI.

Disability and Inclusion Trainer

July 2017-Aug 2017

MSU Wharton Center: Celebrating the Spectrum, East Lansing, MI.

Job Coach

June 2017-July 2017

Good Friends Inc., Lansing, MI

Athlete Representative

Aug 2006-Jan 2010

Michigan Association of USA Boxing, Lansing, MI

PROFESSIONAL DEVELOPMENT TRAINING

Dialectical Behavior Therapy Skills for Adolescence and Families

Psychwire 6-week online course, June 2022

The National Council on Rehabilitation Education

San Diego, March 2022

The National Council on Rehabilitation Education

Virtual, 2020

National Rehabilitation Association Governmental Affairs Summit

Washington, D.C., April 2018

Re:CON, Michigan Rehabilitation Association, Grand Rapids, MI.

November 2016

Re:CON, Michigan Rehabilitation Association, Traverse City, MI.

November 2017

PROFESSIONAL AFFILIATIONS

National Rehabilitation Association (NRA)	2016-Present
Michigan Rehabilitation Association (MRA)	2016-Present
Michigan Mental Health Counselors Association (MMHCA)	2022- Present
National Council on Rehabilitation Education	2020-2023

REFERENCES

Gloria Lee, Ph.D.	leekalai@msu.edu
Department of Counseling, Education Psychology & Special Education, Michigan State University, 463 Erickson, East Lansing, MI 48824	(517) 432-3623
Andrew Nay, Ph.D.	nayandre@msu.edu
Department of Counseling, Education Psychology & Special Education, Michigan State University, 458 Erickson, East Lansing, MI 48824	(517) 353-2952
Connie Sung, Ph.D.	csung@msu.edu
Department of Counseling, Education Psychology & Special Education, Michigan State University, 452A Erickson Hall, East Lansing, MI 48824	(517) 353-1638