



Internship Details

Job Description:

Robert Morris University is currently seeking qualified volunteer internship candidates for the 2023 Fall Term. The strength and conditioning program will run from August 21st (date flexible) through December 8th. This is an unpaid position however; it is acceptable to have a part-time job to assist with personal finances. The daily responsibilities will include but are not limited to:

- Assisting with the supervision and execution of the strength and conditioning program for the football program and 15 other DI athletic teams as needed
- Attending to the daily maintenance of the training facilities
- Professional development throughout the semester
- Any other tasks assigned by the Head Strength and Conditioning Coach.

Interns will gain hands on coaching experience in a collegiate setting, education in program design and application, have the potential to earn future recommendations for career opportunities, receive college credit if applicable. In addition, there is opportunity for advancement within the Robert Morris University Strength and Conditioning department a Part-Time Assistant Strength and Conditioning Coach. The internship program's goal is to advance the intern's future in the strength and conditioning profession.

Minimum Qualifications:

- Strong work ethic, punctuality, enthusiasm. Effective communication skills.
- Desire to become a strength and conditioning coach.
- First Aid, CPR & AED certified.

Preferred Qualifications:

- Pursuing or have attained a bachelor's or master's degree in exercise science, kinesiology, exercise physiology or related field.
- Pursuing or have attained relevant certifications: SCCC, CSCS, USAW, FMS, etc.
- Previous coaching experience in a collegiate, professional, high school or private sector setting.
- Competitive collegiate involvement.

It is strongly advised that all potential candidates make sure that this internship is economically feasible before applying. Individuals chosen for the position are subject to University background checks. To apply all candidates should send an email labeled "S&C Internship" with a cover letter, resume, and three professional references in one PDF or Word document attached to Head Strength and Conditioning Coach Tanner Anderson at andersona@rmu.edu. Review of applicants will begin immediately.