

SELF EVALUATION CHART

CHAPTER 6: SUCCESS

Directions: Evaluate yourself on the following strategies that will help you be successful in class. Rate yourself on a continuum which will help you determine what you are doing well and what you could do to improve and increase your chances of success in the class.

	I never do this	I do this some times	I do this most of the time but could improve	I do this really well and will continue
I bring my materials to class				
I do my homework				
I complete my lab reports and hand them in on time				
I take thorough notes in class				
My folder is organized				
I pay attention when others are talking				
I stay on task during labs				
I participate in class				
I ask the teacher if I do not understand				

What are you doing well?

What are two things you could do to improve your success in the next week?

1.

2.

<http://www.niu.edu/eteams>

A companion website for *Enhancing Adolescents' Motivation for Science*, Shumow & Schmidt, 2013